

## TAKE A STEP IN THE RIGHT DIRECTION—try some of these

### Comebacks

That's bad.  
You need to chill.  
Clever. Thanks.  
Fine . . . whatever.  
That's getting old.  
That would be "NO".  
Ooo harsh. Delete.  
YOU said that to me? I would never say THAT to anyone.  
Thanks for sharing.  
Should I cry now?  
Boring. Not quite.  
You might be right.  
Nice, but I don't think so.  
(If the person is supposed to be a friend) I would never say anything like that about you, why would you say it about me?

### Witness Shutdowns

During the bullying attack, bystanders can help change the power by saying a shutdown to the bully. Doing nothing gives acceptance to the situation, and laughing or smiling with the bully makes them more powerful. Sample witness shutdowns are:  
That's getting old.  
Annoying. Enough.  
That makes you look bad.  
That's just wrong.  
Quit it. Lame.  
Knock it off.  
Boring. Harsh.  
Relax. That's weak.  
Back off

### Parenting Tips

Don't minimize the pain.  
Listen carefully to your child.  
Reinforce your love and concern for your child.  
Discuss the lack of respect bullies have for others.  
Think of some quick, humorous responses your child could use.  
Do some role-playing to practice responses.  
Talk to someone at the school - ACE teacher, counsellor, middle/senior year coordinators.

### Should I report it? Reporting or Dobbing?

Reporting bullying is about acting responsibly by trying to stop or prevent someone or yourself from getting hurt.

Dobbing is when someone is trying to deliberately set someone else up to get them into trouble.

Never hesitate to report bullying.

### What should I report?

School staff will ask you to give them five facts. You will need to report the following:

1. Who did the bullying?
2. What happened?
3. When did the bullying start and how long has this been happening?
4. Where did it take place?
5. Were there any witnesses?

### Contact us:

ACE Teacher –  
Middle Years Coordinator –  
School Counsellor – Ann Kellett

Classroom Teacher –  
Senior Years Coordinator –  
Christian Pastoral Support Worker – Stephanie Simpson